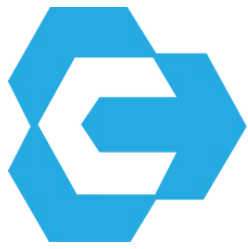




CAPABILITY

Course Catalog



CAPABILITY

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Asbestos Awareness for Supervisors

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Box Cutter Safety

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- Cadmium Exposure
- Personal Protective Equipment



Construction Series

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Intervention and Treatment

Compressed Gas Cylinders

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Accidents and Breakdowns

Defensive Driving - Distracted Driving

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Driver Focus

Defensive Driving - Speed Kills

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Defensive Driving - Hazardous Weather

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Construction Series

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- Understanding Excavation and Trenching
- Site Preplanning
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Forklift Operator Safety

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Forklift Operator Orientation for Supervisors

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- Workplace Hazards
- Report an Accident

Formaldehyde

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Front End Loader

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- Operation and Awareness
- Common Hazards
- Incident Prevention

Hand and Power Tools

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- Tool Maintenance
- Guards and Switches
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Hand and Power Tools - Circular Saws

- Chop Saw
- Miter Saw
- Radial Saw
- Prevention and Response

Hand and Power Tools - Hand Held Saws

- Circular Saws
- Jig Saws
- Incident Prevention

Hand and Power Tools - Table Saws

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- Point of Operation
- Kickback and Particles
- Incident Prevention

Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures



Construction Series

Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace

Hazard Communications for Employees

- Globally Harmonized System (GHS)
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

Hazard Communications For Supervisors

- Hazard Communication Responsibilities
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- Safety Data Sheets (SDS)
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- Labeling and Other Forms of Warning
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- Employee Training

Hazard Communications - Solvents

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Heat Awareness

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Hexavalent Chromium

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- Personal Protective Equipment

Housekeeping

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- Housekeeping Programs
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Hydrogen Sulfide

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- Emergency Action Plan

Incident and Event Investigation

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- Systems Approach
- Reporting and Communication
- Investigation Process

Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

Lockout Tagout and Hazardous Energy Sources

- What is Lockout/Tagout?
- What is Hazardous Energy?
- Lockout/Tagout Operation

Lockout Tagout for Affected Employees

- Affected Employees
- Authorized Employees
- What is Hazardous Energy?
- What is Lockout/Tagout?

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- Types of Guards
- Personal Protective Equipment

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- Amputation Prevention



Construction Series

OSHA Recordkeeping & Reporting

- Training Records
- OSHA 300 Forms
- The Final Rule

OSHA Recordkeeping & Reporting - 300 Forms

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OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

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- Accident Prevention

Personal Protective Equipment - Eye and Face Protection

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- Respirator Program
- Respirator Selection
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- Program Evaluation

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Silica Awareness

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- Safety Features
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Stop Work Authority

- Strategies to Support Implementation
- Challenges Implementing Stop Work Authority
- Challenges to Implementing Stop Work Authority and Strategies
- Why People May Not Use their Stop Work Authority
- A Best Practice: Stop Work Responsibility



**SAFETY
INSTRUCT**
SAFETY - EDUCATION - TRAINING



Construction Series

Unsafe Acts

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Acts Prevention

Walking and Working Surfaces

- Identifying Hazards
- Preventative Measures
- Emergency Procedures



General Industry Series

New Hire Orientation - General Industry

- Safety Measures
- Housekeeping
- Hazard Communication
- Emergency Action Plan
- Fire Safety
- Exit Routes
- Walking and Working Surfaces
- Machine Guarding
- Defensive Driving
- Material Handling
- Emergency Response
- Lockout/Target
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- Equipment Operation
- Personal Protective Equipment
- Bloodborne Pathogens
- Injury Reporting
- Substance Abuse
- Security Measures
- OSHA Worker Rights

Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

Back Safety

- How Your Back Works
- Causes of Back Pain
- Safe Lifting and Sitting
- Prevention and Relief

Back Safety - Sitting and Lifting

- How Sitting Hurts
- Lifting in Pain
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- Proper Lifting Techniques

Benzene Awareness

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- Benzene Exposure
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Bloodborne Pathogens

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- Exposure Prevention
- Exposure Response
- Needlestick Prevention and Sharps Disposal

Box Cutter Safety

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- Safety Measures
- Preventing Injury

Cadmium Awareness

- What is Cadmium?
- Cadmium Exposure
- Personal Protective Equipment

Carpal Tunnel Syndrome

- Understanding Carpal Tunnel Syndrome
- Prevention Strategies and Ergonomics
- Intervention and Treatment

Compressed Gas Cylinders

- Handling, Usage, and Storage
- Labeling and Identification
- Inspection and Maintenance
- Transportation
- Safety Plan

Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns



General Industry Series

Defensive Driving - Distracted Driving

- Types of Distractions
- Potential Distractions
- Driver Focus

Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Weather
- Winter Driving

Defensive Driving - Speed Kills

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs

Electrical Safety

- How Electricity works
- Ground Fault Protection
- Hazard Recognition

Emergency Action Plan

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- Evacuation Elements
- EAP Response
- EAP Reporting and Review

Ergonomics

- Musculoskeletal Disorders
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- Hazard Control

Ethylene Oxide Awareness

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Fall Protection

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Fire Extinguisher

- How a Fire Extinguisher Works
- Types of Extinguishers
- How to use an Extinguisher
- Hydrostatic Testing

Formaldehyde

- Application and Use
- Risks and Exposures
- Incident Prevention

Hand and Power Tools

- Types of Tools
- Tool Maintenance
- Guards and Switches
- Power Safety

Hand and Power Tools - Circular Saws

- Chop Saw
- Miter Saw
- Radial Saw
- Prevention and Response

Hand and Power Tools - Hand Held Saws

- Circular Saws
- Jig Saws
- Incident Prevention

Hand and Power Tools - Table Saws

- Table Saw Mechanics
- Point of Operation
- Kickback and Particles
- Incident Prevention

Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures



General Industry Series

Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace

Hazard Communications for Employees

- Globally Harmonized System (GHS)
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- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

Hazard Communications For Supervisors

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Heat Awareness

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Hexavalent Chromium

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Lockout/Tagout and Hazardous Energy Sources

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- What is Hazardous Energy?
- Lockout/Tagout Operation

Lockout Tagout for Affected Employees

- Affected Employees
- Authorized Employees
- What is Hazardous Energy?
- What is Lockout Tagout?

OSHA Recordkeeping & Reporting

- Training Records
- The OSHA 300 Forms
- The Final Rule

OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301



General Industry Series

OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

Personal Protective Equipment

- Types of PPE
- Workplace Hazards
- Accident Prevention

Personal Protective Equipment - Eye and Face Protection

- Types and Hazards
- Training and Fit
- Incident Prevention

Personal Protective Equipment - Hearing Protection

- Ears and Sound
- Exposure and Controls
- Hearing Conservation

Personal Protective Equipment - Respirator Protection

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation

Preventing Slips, Trips, and Falls

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- Wet and Slippery Surfaces
- Obstacles and Hazards
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Safety Committee

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- Hazard Detection and Identification
- Incident Investigation and Reporting

Stop Work Authority

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- Challenges Implementing Stop Work Authority
- Challenges Implementing Stop Work Authority and Strat
- Why People May Not Use Their Stop Work Authority
- A Best Practice: Stop Work Responsibility

Unsafe Acts

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- Types of Incidents
- Unsafe Act Prevention

Walking and Working Surfaces

- Identifying Hazards
- Preventive Measures
- Emergency Procedures



Hospitality Series

Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

Back Safety

- How Your Back Works
- Causes of Back Pain
- Safe Lifting and Sitting
- Prevention and Relief

Back Safety - Sitting and Lifting

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- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention and Sharps Disposal

Defensive Driving

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- Road Rage
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- Accidents and Breakdowns

Defensive Driving - Distracted Driving

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- Driver Focus

Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Weather
- Winter Driving

Defensive Driving - Speed Kills

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- Environmental Hazards
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Electrical Safety

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- Hydrostatic Testing

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Hospitality Series

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- Knife Safety
- Slips, Trips, and Falls
- Burn Safety
- Workplace Violence

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- Where Burns Happen
- First Aid for Burns
- Avoiding Burns

Kitchen Safety - Food Safety

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Kitchen Safety - Knife Safety

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Kitchen Safety - Slips, Trips, and Falls

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Ladder Safety

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OSHA Recordkeeping & Reporting

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- The OSHA 300 Forms
- The Final Rule

OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

Personal Protective Equipment

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- Accident Prevention

Personal Protective Equipment - Eye and Face Protection

- Types and Hazards
- Training and Fit
- Incident Prevention

Personal Protective Equipment - Hearing Protection

- Ears and Sound
- Exposure and Controls
- Hearing Conversation

Personal Protective Equipment - Respirator Protection

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation

Unsafe Acts

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- Types of Incidents
- Unsafe Act Prevention



Laboratory Series

Laboratory Safety Orientation For Employees

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- Chemical Hazards
- Biological Hazards
- Physical Hazards
- Safety Hazards

Laboratory Safety Orientation for Supervisors

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- Biological Hazards
- Physical Hazards
- Safety Hazards

Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

Ammonia Awareness

- What is Ammonia?
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- Ammonia Storage and Handling
- Ammonia Incident Management
- Ammonia PPE
- Health Effects and First Aid

Autoclaves and Sterilizers - Laboratory Series

- Autoclave Operation
- Risks & Exposures
- Incident Prevention

Benzene Awareness

- What is Benzene?
- Benzene Exposure
- Personal Protective Equipment

Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention & Sharps Disposal

Cadmium Awareness

- What is Cadmium?
- Cadmium Exposure
- Personal Protective Equipment

Chemical Fume Hoods

- Fume Hood Operation
- Risks and Exposure
- Incident Prevention

Compressed Gas Cylinders For Laboratories

- What is Compressed Gas?
- Handling, Usage, and Storage
- Labeling and Identification
- Inspection and Maintenance
- Transportation
- Safety Plan

Dibromochloropropane Awareness

- What is Dibromochloropropane?
- Dibromochloropropane Exposure
- Personal Protective Equipment

Ergonomics for Laboratories

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- Laboratory Ergonomics
- Ergonomic Safety Measures

Ethylene Oxide Awareness

- What is Ethylene Oxide?
- Ethylene Oxide Exposure
- Personal Protective Equipment

Fire Extinguisher

- How a Fire Extinguisher Works
- Types of Extinguishers
- How to use an Extinguisher
- Hydrostatic Testing



Laboratory Series

Formaldehyde

Application and Use
Risks and Exposures
Incident Prevention

Glassware Safety In Laboratories

Glassware Selection and Inspection
Proper Glassware Usage
Cleaning and Storage

Hazard Communications for Laboratories

What is Hazard Communications?
The Globally Harmonized System
Safety Data Sheets (SDS)
The Chemical Hygiene Plan
Labeling and Other Forms of Warning
Chemical Storage and Transfer

Hexavalent Chromium Awareness

What is Hexavalent Chromium?
Hexavalent Chromium Exposure
Personal Protective Equipment

Hydrogen Sulfide

Exposure Controls
What is Hydrogen Sulfide?
Workplace Assessment
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Latex Standard

Latex Prevention
Latex Protection
Latex Use

Personal Protective Equipment - Laboratory Series

Eye and Face Protection
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Safety Showers & Eye Washes - Laboratory Series

Eye Wash Stations
Incident Prevention
Safety Showers



Manufacturing Series

Active Shooter Awareness

Warning Signs and Situational Awareness
Effective Communication
Incident Response

Aerial Work Platforms

Types of Aerial Work Platforms
Aerial Work Platform Inspection
Aerial Work Platform Operation
Incident Prevention

Alcohol and Substance Abuse

Alcohol Awareness
Marijuana Awareness
Drugs and Testing

Ammonia Awareness

What is Ammonia?
Ammonia Regulations
Ammonia Storage and Handling
Ammonia Incident Management
Ammonia PPE
Health Effects and First Aid

Asbestos Awareness For Employees

What is Asbestos?
Asbestos Hazards
Exposure Prevention and Protection

Asbestos Awareness For Supervisors

What is Asbestos?
Asbestos Hazards
Asbestos Training
Exposure Prevention and Protection

Back Safety

How Your Back Works
Causes of Back Pain
Safe Lifting and Sitting
Prevention and Relief

Back Safety - Sitting and Lifting

How Sitting Hurts
Lifting in Pain
Posture and Health
Proper Lifting Techniques

Benzene Awareness

What is Benzene?
Benzene Exposure
Personal Protective Equipment

Bloodborne Pathogens

What are Bloodborne Pathogens?
Exposure Prevention
Exposure Response
Needlestick Prevention & Sharps Disposal

Box Cutter Safety

Box Cutters and their Uses
Safety Measures
Preventing Injury

Cadmium Awareness

What is Cadmium?
Cadmium Exposure
Personal Protective Equipment

Carpal Tunnel Syndrome

Understanding Carpal Tunnel Syndrome
Prevention Strategies and Ergonomics
Intervention and Treatment

Compressed Gas Cylinders

Handling, Usage, and Storage
Labeling & Identification
Inspection & Maintenance
Transportation
Safety Plan

Confined Space

Confined Space Standards
Permit Required
Hazards and Solutions



Manufacturing Series

Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

Defensive Driving - Distracted Driving

- Types of Distractions
- Potential Distractions
- Driver Focus

Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Weather
- Winter Driving

Defensive Driving - Speed Kills

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs

Dibromochloropropane (DBCP) Awareness

- What is Dibromochloropropane?
- Dibromochloropropane Exposure
- Personal Protective Equipment

Electrical Safety

- How Electricity works
- Ground Fault Protection
- Hazard Recognition

Emergency Action Plan

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review

Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

Ethylene Oxide Awareness

- What is Ethylene Oxide?
- Ethylene Oxide Exposure
- Personal Protective Equipment

Fall Protection

- Accident Prevention
- Workplace Hazards
- Common Equipment

Fire Extinguisher

- How a Fire Extinguisher Works
- Types of Extinguishers
- How to use an Extinguisher
- Hydrostatic Testing

Forklift Operator Safety

- Types of Forklifts
- Forklift Operation
- Attachments and Platforms
- Counterbalance and Stability
- Forklift Inspection
- Forklift Maintenance
- Workplace Hazards
- Forklift Certification

Forklift Operator - Straddle Stackers

- Forklift Inspection
- Operation and Stability
- Incident Prevention

Forklift Operator Orientation For Supervisors

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident



Manufacturing Series

Formaldehyde

Application and Use
Risks and Exposures
Incident Prevention

Front End Loader

Inspection and Maintenance
Operation and Awareness
Common Hazards
Incident Prevention

Hand and Power Tools

Types of Tools
Tool Maintenance
Guards and Switches
Power Safety

Hand and Power Tools - Circular

Saws

Chop Saw
Miter Saw
Radial Saw
Prevention and Response

Hand and Power Tools - Hand Held

Saws

Circular Saws
Jig Saws
Incident Prevention

Hand and Power Tools - Table Saws

Table Saw Mechanics
Point of Operation
Kickback and Particles
Incident Prevention

Hand and Wrist Injuries

How the Hand Works
Common Hand and Wrist Injuries
Identifying Hazards
Preventative Measures

Handrail Safety

Purpose of Handrails
Handrail Safety
Stairway Safety
Falls in the Workplace

Hazard Communications for Employees

Globally Harmonized System GHS
Classification and Labeling Requirements
Safety Data Sheets
Workplace Hazards and Risk Mitigation

Hazard Communications For Supervisors

Hazard Communication Responsibilities
Hazardous Chemical Inventory
Safety Data Sheets (SDS)
What is Hazard Communications?
Labeling and Other Forms of Warning
Written Plan
Employee Training

Hazard Communications - Solvent Safety

Solvent Hazards
Solvent Exposure
Accident Prevention

Heat Awareness

How Heat is a Hazard
Heat Exposure and Response
Heat Prevention

Hexavalent Chromium

What is Hexavalent Chromium?
Hexavalent Chromium Exposure
Personal Protective Equipment

Housekeeping

Housekeeping Practices
Housekeeping Programs
Areas of Concern



Manufacturing Series

Hydrogen Sulfide

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

Lockout Tagout and Hazardous Energy Source

- What is Lockout/Tagout?
- What is Hazardous Energy?
- Lockout/Tagout Operation

Lockout Tagout For Affected Employees

- Affected Employees
- Authorized Employees
- What is Hazardous Energy?
- What is Lockout/Tagout?

Machine Guarding

- Machine Hazards
- Types of Guards
- Personal Protective Equipment

Machine Guarding - Amputation Protection

- Hazardous Components
- Hazardous Motions
- Amputation Prevention

OSHA Recordkeeping & Reporting

- Training Records
- The OSHA 300 Forms
- The Final Rule

OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

Personal Protective Equipment

- Types of PPE
- Workplace Hazards
- Accident Prevention

Personal Protective Equipment - Eye and Face Protection

- Types and Hazards
- Training and Fit
- Incident Prevention

Personal Protective Equipment - Hearing Protection

- Ears and Sound
- Exposure and Controls
- Hearing Conversation

Personal Protective Equipment - Respirator Protection

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation



**SAFETY
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SAFETY - EDUCATION - TRAINING

Manufacturing Series

Preventing Slips, Trips, and Falls

- Housekeeping Practices
- Wet and Slippery Surfaces
- Obstacles and Hazards
- Preventative Measures and Controls
- Hazard Reporting and Incident Response

Rigging and Lifting

- Types of Equipment
- Rigging and Lifting
- Accident Prevention

Scaffolding

- Scaffolds and their Uses
- Scaffold Hazards
- Scaffolding Operation
- Safe Work Practices

Scissor Lift Aerial Platform

- Scissor Lift Components
- Scissor Lift Inspection
- Operational Guidelines
- Hazards and Incident Prevention

Silica Awareness

- What is Silica?
- Silica Exposure
- Silica Prevention

Stop Work Authority

- Strategies to Support Implementation
- Challenges Implementing Stop Work Authority
- Challenges Implementing Stop Work Authority and Strategies
- Why People May Not Use Their Stop Work Authority
- A Best Practice: Stop Work Responsibility

Unsafe Acts

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Act Prevention

Walking and Working Surfaces

- Identifying Hazards
- Preventative Measures
- Emergency Procedures



Office Series

Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

Back Safety

- How Your Back Works
- Causes of Back Pain
- Safe Lifting and Sitting
- Prevention and Relief

Back Safety - Sitting and Lifting

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention & Sharps Disposal

Box Cutter Safety

- Box Cutters and their Uses
- Safety Measures
- Preventing Injury

Carpal Tunnel Syndrome

- Understanding Carpal Tunnel Syndrome
- Prevention Strategies and Ergonomics
- Intervention and Treatment

Cybersecurity for Employees

- E-mail and Browsing Practices
- Data Protection
- Mobile Devices
- Incident Reporting

Cybersecurity for Supervisors - Data Security and Privacy Policies

- Asset Identification
- Developing a Privacy Policy
- Protecting Your Data
- Incident Mitigation

Cybersecurity for Supervisors - Employees Practices and Policies

- Employees Policies
- Fraud Protection
- E-mail Security
- Mobile Devices

Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

Defensive Driving - Distracted Driving

- Types of Distractions
- Potential Distractions
- Driver Focus

Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Weather
- Winter Driving

Defensive Driving - Speed Kills

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs

Electrical Safety

- How Electricity works
- Ground Fault Protection
- Hazard Recognition



Office Series

Emergency Action Plan

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review

Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

Fire Extinguisher

- How a Fire Extinguisher Works
- Types of Extinguishers
- How to use an Extinguisher
- Hydrostatic Testing

Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures

Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace

Hazard Communications for Employees

- Globally Harmonized System GHS
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

Hazard Communications - Solvent Safety

- Solvent Hazards
- Solvent Exposure
- Accident Prevention

Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training

Housekeeping

- Housekeeping Practices
- Housekeeping Programs
- Areas of Concern

Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

Latex Standard

- Latex Prevention
- Latex Protection
- Latex Use

Office Safety

- Potential Hazards
- Workplace Violence
- Safety Precautions

Office Safety - Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Controls



**SAFETY
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SAFETY - EDUCATION - TRAINING

Office Series

Office Safety - Electrical Safety

- Types of Electricity
- How Electricity Works
- Electricity Hazards
- Working Safely

Office Safety - Workplace Violence

- What is Workplace Violence?
- Consequences of Workplace Violence
- Prevention and Response

OSHA Recordkeeping & Reporting

- Training Records
- The OSHA 300 Forms
- The Final Rule

OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

Unsafe Acts

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Act Prevention



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Warehouse Series

Active Shooter Awareness

Warning Signs and Situational Awareness
Effective Communication
Incident Response

Alcohol and Substance Abuse

Alcohol Awareness
Marijuana Awareness
Drugs and Testing

Back Safety

How Your Back Works
Causes of Back Pain
Safe Lifting and Sitting
Prevention and Relief

Back Safety - Sitting and Lifting

How Sitting Hurts
Lifting in Pain
Posture and Health
Proper Lifting Techniques

Bloodborne Pathogens

What are Bloodborne Pathogens?
Needlestick Prevention
Prevention and Cleanup

Box Cutter Safety

Box Cutters and their Uses
Safety Measures
Preventing Injury

Carpal Tunnel Syndrome

Understanding Carpal Tunnel Syndrome
Prevention Strategies and Ergonomics
Intervention and Treatment

Compressed Gas Cylinders

Handling, Usage, and Storage
Labeling & Identification
Inspection & Maintenance
Transportation
Safety Plan

Confined Space

Confined Space Standards
Permit Required
Hazards and Solutions

Crane Safety

Types of Cranes
OSHA Requirements
Crane Inspections
Material Handling

Crane Safety - Crane Mechanics

Parts of a Crane
Crane Attachments
Crane Hazard Prevention

Defensive Driving

Vehicle Inspection
Defensive Driving Basics
Distracted and Impaired Driving
Road Rage
Nighttime Driving
Hazardous Weather
Accidents and Breakdowns

Defensive Driving - Distracted Driving

Types of Distractions
Potential Distractions
Driver Focus

Defensive Driving - Hazardous Weather

How Friction Works
Types of Weather
Winter Driving

Defensive Driving - Speed Kills

How Speeding Kills
The Stopping Distance
Environmental Hazards
How Speeding Costs

Electrical Safety

How Electricity Works
Ground Fault Protection
Hazard Recognition



Warehouse Series

Emergency Action Plan

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review

Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

Fall Protection

- Accident Prevention
- Workplace Hazards
- Common Equipment

Fire Extinguisher

- How a Fire Extinguisher Works
- Types of Extinguishers
- How to Use an Extinguisher
- Hydrostatic Testing

Forklift Operator

- Types of Forklifts
- Forklift Operation
- Attachments and Platforms
- Counterbalance and Stability
- Forklift Inspection
- Forklift Maintenance
- Workplace Hazards
- Forklift Certification

Forklift Operator - Straddle Stackers

- Forklift Inspection
- Operation and Stability
- Incident Prevention

Forklift Operator For Supervisors

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident

Front End Loader

- Inspection and Maintenance
- Operation and Awareness
- Common Hazards
- Incident Prevention

Hand and Power Tools

- Types of Tools
- Tool Maintenance
- Guards and Switches
- Power Safety

Hand and Power Tools - Circular Saws

- Chop Saws
- Miter Saws
- Radial Saws
- Prevention and Response

Hand and Power Tools - Hand Held Saws

- Circular Saws
- Jig Saws
- Incident Prevention

Hand and Power Tools - Table Saws

- Table Saw Mechanics
- Point of Operation
- Kickback and Particles
- Incident Prevention

Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures

Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace



Warehouse Series

Hazard Communications for Employees

- Globally Harmonized System GHS
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

Hazard Communications - Solvent Safety

- Solvent Hazards
- Solvent Exposure
- Accident Prevention

Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training

Heat Awareness

- How Heat is a Hazard
- Heat Exposure and Response
- Heat Prevention

Housekeeping

- Housekeeping Practices
- Housekeeping Programs
- Areas of Concern

Hydrogen Sulfide (H₂S)

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

Lockout/Tagout and Hazardous Energy Sources

- What is Lockout/Tagout?
- What is Hazardous Energy?
- Lockout/Tagout Operation

Lockout/Tagout For Affected Employees

- Affected Employees
- Authorized Employees
- What is Hazardous Energy?
- What is Lockout/Tagout?

Machine Guarding

- Machine Hazards
- Types of Guards
- Personal Protective Equipment

Machine Guarding - Amputation Protection

- Hazardous Components
- Hazardous Motions
- Amputation Prevention

OSHA Recordkeeping & Reporting

- Training Records
- The OSHA 300 Forms
- The Final Rule

OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301



Warehouse Series

OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

Personal Protective Equipment

- Types of PPE
- Workplace Hazards
- Accident Prevention

Personal Protective Equipment - Eye and Face Protection

- Types and Hazards
- Training and Fit
- Incident Prevention

Personal Protective Equipment - Hearing Protection

- Ears and Sound
- Exposure and Controls
- Hearing Conversation

Personal Protective Equipment - Respirator Protection

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation

Preventing Slips, Trips, and Falls

- Housekeeping Practices
- Wet and Slippery Surfaces
- Obstacles and Hazards
- Preventative Measures and Controls
- Hazard Reporting and Incident Response

Rigging and Lifting

- Types of Equipment
- Rigging and Lifting
- Accident Prevention

Scaffolding

- Scaffolds and Their Uses
- Scaffold Hazards
- Scaffolding Operation
- Safe Work Practices

Silica Awareness

- What is Silica?
- Silica Exposure
- Silica Prevention

Skid Steer Loaders

- What are Skid Steers?
- Safety Features
- Entry and Exit
- Accident Prevention

Stop Work Authority

- Strategies to Support Implementation
- Challenges Implementing Stop Work Authority
- Challenges Implementing Stop Work Authority and Strategies
- Why People May Not Use Their Stop Work Authority
- A Best Practice: Stop Work Responsibility

Unsafe Acts

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Act Prevention

Walking and Working Surfaces

- Identifying Hazards
- Preventative Measures
- Emergency Procedures



**SAFETY
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Back Safety and Ergonomics Series

Back Safety

- How Your Back Works
- Causes of Back Pain
- Safe Lifting and Sitting
- Prevention and Relief

Back Safety - Sitting and Lifting

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

Office Safety - Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Controls



Chemical Series

Ammonia Awareness

- What is Ammonia?
- Ammonia Regulations
- Ammonia Storage and Handling
- Ammonia Incident Management
- Ammonia PPE
- Health Effects and First Aid

Benzene Awareness

- What is Benzene?
- Benzene Exposure
- Personal Protective Equipment

Cadmium Awareness

- What is Cadmium?
- Cadmium Exposure
- Personal Protective Equipment

Dibromochloropropane (DBCP) Awareness

- What is Dibromochloropropane?
- Dibromochloropropane Exposure
- Personal Protective Equipment

Ethylene Oxide Awareness

- What is Ethylene Oxide?
- Ethylene Oxide Exposure
- Personal Protective Equipment

Formaldehyde

- Application and Use
- Risks and Exposures
- Incident Prevention

Hexavalent Chromium

- What is Hexavalent Chromium?
- Hexavalent Chromium Exposure
- Personal Protective Equipment

Hydrogen Sulfide

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

Latex Standard

- Latex Prevention
- Latex Protection
- Latex Use

Silica Awareness

- What is Silica?
- Silica Exposure
- Silica Prevention



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Cybersecurity Series

Cybersecurity for Employees

- E-mail and Browsing Practices
- Data Protection
- Mobile Devices
- Incident Reporting

Cybersecurity for Supervisors - Data Security and Privacy Policies

- Asset Identification
- Developing a Privacy Policy
- Protecting Your Data
- Incident Mitigation

Cybersecurity for Supervisors - Employee Practices and Policies

- Employee Policies
- Fraud Protection
- E-mail Security
- Mobile Devices



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Defensive Driving Series

Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

Defensive Driving - Distracted Driving

- Types of Distractions
- Potential Distractions
- Driver Focus

Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Hazardous Weather
- Winter Driving

Defensive Driving - Speed Kills

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs



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Electrical Series

Electrical Safety

- How Electricity Works
- Ground Fault Protection
- Hazard Recognition

Office Safety - Electrical Safety

- Types of Electricity
- How Electricity Works
- Electrical Hazards
- Working Safely



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Hand and Power Tools Series

Hand and Power Tools

- Types of Tools
- Tool Maintenance
- Guards and Switches
- Power Safety

Hand and Power Tools - Circular Saws

- Chop Saw
- Miter Saw
- Radial Saw
- Prevention and Response

Hand and Power Tools - Hand Held Saws

- Circular Saws
- Jig Saws
- Incident Prevention

Hand and Power Tools - Table Saw

- Table Saw Mechanics
- Point of Operation
- Kickback and Particles
- Incident Prevention



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FLAMMABLE LIQUID

Hazard Communications Series

Hazard Communications for Employees

- Globally Harmonized System GHS
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warningc
- Written Plan
- Employee Training

Hazard Communications For Laboratories

- What is Hazard Communications?
- The Globally Harmonized System
- Safety Data Sheets
- The Chemical Hygiene Plan
- Labeling and Other Forms of Warning
- Chemical Storage and Transfer

Hazard Communications - Solvent Safety

- Solvent Hazards
- Solvent Exposure
- Accident Prevention



Industrial Equipment Series

Aerial Work Platforms

- Types of Aerial Work Platforms
- Aerial Work Platform Inspection
- Aerial Work Platform Operation
- Incident Prevention

Crane Safety

- Types of Cranes
- OSHA Requirements
- Crane Inspections
- Material Handling

Crane Safety - Crane Mechanics

- Parts of a Crane
- Crane Attachments
- Crane Hazard Prevention

Dump Truck

- Pre-Work Inspection
- Driving Safely
- Site and Operational Safety

Excavator Safety

- Excavator Components
- Operator Responsibility
- Workplace Awareness
- Incident Prevention

Excavation and Trenching

- Understanding Excavation and Trenching
- Site Preplanning
- Protective Systems
- Additional Hazards and Protections

Forklift Operator Safety

- Types of Forklifts
- Forklift Operation
- Attachments and Platforms
- Counterbalance and Stability
- Forklift Inspection
- Forklift Maintenance
- Workplace Hazards
- Forklift Certification

Forklift Operator Orientation For Supervisors

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident

Forklift Operator - Straddle Stackers

- Forklift Inspection
- Operation and Stability
- Incident Prevention

Front End Loader

- Inspection and Maintenance
- Operation and Awareness
- Common Hazards
- Incident Prevention

Scissor Lift Aerial Platform

- Scissor Lift Components
- Scissor Lift Inspection
- Operational Guidelines
- Hazards and Incident Prevention

Skid Steer Loaders

- What are Skid Steers?
- Safety Features
- Entry and Exit
- Accident Prevention



**SAFETY
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Personal Protective Equipment Series

Personal Protective Equipment

Types of PPE
Workplace Hazards
Accident Prevention

Personal Protective Equipment - Eye and Face Protection

Types and Hazards
Training and Fit
Incident Prevention

Personal Protective Equipment - Hearing Protection

Ears and Sound
Exposure and Controls
Hearing Conversation

Personal Protective Equipment - Laboratory Series

Eye and Face Protection
PPE Assessment
Respiratory Protection

Personal Protective Equipment - Respiratory Protection

Respirator Definitions
Respirator Program
Respirator Selection
Respirator Fit Testing
Program Evaluation



Supervisor Series

American Disabilities Act (ADA) for Supervisors

- Protections and Prohibitions
- Reasonable Accommodations
- Notification Process
- Hiring and Managing Disabled Employees

Asbestos Awareness For Supervisors

- What is Asbestos?
- Asbestos Hazards
- Asbestos Training
- Exposure Prevention and Protection

Cybersecurity for Supervisors - Data Security and Privacy Policies

- Asset Identification
- Developing a Privacy Policy
- Protecting Your Data
- Incident Mitigation

Cybersecurity for Supervisors - Employees Practices and Policies

- Employees Policies
- Fraud Protection
- E-mail Security
- Mobile Devices

Diversity, Equity, and Inclusion for Supervisors

- Prejudice and Microaggressions
- Stereotypes and Implicit Bias
- Addressing Discrimination and Harassment
- Inclusive Leadership
- Equal Opportunity

Drug Free Workplace Program for Supervisors

- Drug Free Workplace Policies
- Substance Abuse and Addiction
- Recognizing Signs and Symptoms
- Documenting and Reporting Substance Abuse
- Streamlining Communication & Upholding Confidentiality
- Reasonable Suspicion Testing
- Confronting Employees in Substance Use Situations
- Employee Assistance Program (EAP)
- Return to Work Employee Procedures

Forklift Operator Orientation For Supervisors

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident

Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training

How to Develop a Safety Program - Company Commitment

- How to Educate Management
- How to Develop Culture
- How to Maintain Awareness

How to Develop a Safety Program - Plans and Process

- Prevention and Control
- Written Plans
- Emergency Action Plan



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Supervisor Series

How to Develop a Safety Program - Workplace Risks and Hazards

- Workplace Assessment
- Workplace Survey
- Workplace Review

Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

Laboratory Safety Orientation For Supervisors

- Hierarchy of Controls
- Chemical Hazards
- Biological Hazards
- Physical Hazards
- Safety Hazards

OSHA Recordkeeping & Reporting

- Training Records
- The OSHA 300 Forms
- The Final Rule

OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

Pregnant Workers Fairness Act for Supervisors

- What is the Pregnant Workers Fairness Act?
- Final Rule for the PWFA
- Employee Rights and Protections
- Employer Responsibility
- Best Practices for PWFA Compliance
- Legal Implications of Non- Compliance with the PWFA

Preventing Workplace Violence for Supervisors

- Legal Considerations and Risk Assessment
- Communication, Conflict Resolution, and Reporting
- Employee Training and Education
- Policies, Procedures, and Emergency Planning

Sexual Harassment for Supervisors

- Types of Sexual Harassment
- Recognizing Sexual Harassment
- Preventing Sexual Harassment
- Employer Responsibilities



Human Resources

Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

Americans with Disabilities Act (ADA) for Employees

- ADA Fundamentals
- Navigating the ADA
- Reporting Process

Americans with Disabilities Act (ADA) for Supervisors

- Protections and Prohibitions
- Reasonable Accommodations
- Notification Process
- Hiring and Managing Disabled Employees

Anti-Bribery and Corruption

- Global Laws and Regulations
- Identifying Public Officials and their roles
- What is “Anything of Value”?
- What are Facilitation Payments?
- Preventing Bribery and Corruption

Bullying and Harrassment Prevention

- Recognizing Bullying and Harassment
- Legal Framework and Compliance
- Prevention Tactics
- Intervention and Reporting

Diversity, Equity and Inclusion

- What is DEI?
- What is Implicit Bias?
- Prejudice and Microaggressions
- DEI Learning Tactics

Diversity, Equity and Inclusion for Supervisors

- Prejudice and Microaggressions
- Stereotypes and Implicit Bias
- Addressing Discrimination and Harassment
- Inclusive Leadership
- Equal Opportunity

Drug Free Workplace Program for Employees

- Overview of Drug Free Workplace Policy
- Impact of Substance Abuse
- How People Use Alcohol and Drugs
- Understanding Addiction
- Signs and Symptoms of Abuse
- Family and Coworker Impact
- Employee Rights
- Specific Drugs of Abuse
- Employee Training

Drug Free Workplace Program for Supervisors

- Drug Free Workplace Policies
- Substance Abuse and Addiction
- Recognizing Signs and Symptoms
- Documenting and Reporting Substance Abuse
- Streamlining Communication & Upholding Confidentiality
- Reasonable Suspicion Testing
- Confronting Employees in Substance Use Situations
- Employee Assistance Program (EAP)
- Return to Work Employee Procedures

Ethical Interviewing Practices for Fair Hiring

- Candidate Categories and Anti-Discrimination Laws
- Inclusivity in Job Advertisements
- Fair Hiring Process
- Continuous Improvement and Best Practices



Human Resources

Family and Medical Leave Act (FMLA)

- FMLA Compliance
- Employee Rights and Eligibility
- Employer Obligations

Health Insurance Portability and Accountability Act (HIPAA)

- What is HIPAA?
- HIPAA Privacy Rule
- Covered Entities
- HIPAA Security Rule
- Permitted Uses and Disclosures

Pregnant Workers Fairness Act for Employees

- What is the Pregnant Workers Fairness Act?
- Final Rule for the PWFA
- Employee Rights and Protections
- Employer Responsibility

Pregnant Workers Fairness Act for Supervisors

- What is the Pregnant Workers Fairness Act?
- Final Rule for the PWFA
- Employee Rights and Protections
- Employer Responsibility
- Best Practices for PWFA Compliance
- Legal Implications of Non- Compliance with the PWFA

Preventing Workplace Violence for Employees

- Identifying Risk Factors and Warning Signs
- Violence Prevention and Reporting
- Protecting Yourself and Others

Preventing Workplace Violence for Supervisors

- Legal Considerations and Risk Assessment
- Communication, Conflict Resolution, and Reporting
- Employee Training and Education
- Policies, Procedures, and Emergency Planning

Sexual Harassment

- What is Sexual Harassment?
- Types of Sexual Harassment
- Sexual Harassment Evolution
- How to Report Sexual Harassment
- Employer Responsibility

Sexual Harassment for Supervisors

- Types of Sexual Harassment
- Recognizing Sexual Harassment
- Preventing Sexual Harassment
- Employer Responsibilities



Human and Organizational Performance

Critical Steps*

- Introduction*
- Critical Steps and its Attributes*
- How to Think about Human Performance Risk*
- Work Execution Process*
- Risk Important Actions*
- Performing Critical Steps*
- Managing Critical Steps*
- Annual Refresher*

Coaching to Enhance Performance®

- Introduction
- Why Coach?
- Coaching Vs Counseling
- Coaching Human Performance & Safety
- Shaping the Behaviors you want in your Organization
- Enhancing your Observation Skills
- Reinforcement and Interventions
- CTEP Observation and Feedback Process
- Measuring Outcomes of Coaching
- CTEP Summary
- CTEP Worker Awareness
- Annual Refresher

HOP Event Reporting & Analysis (HERA)*

- Introduction to HERA Process*
- HERA Data Collection*
- Quick HOP Event Initial Response*
- Active & Latent Pathways to Harm*
- Full HERA Investigation*
- Summary and Understanding*
- Annual Refresher*

Trigger Training®

- Triggers Defined and Described
- Organizational Weaknesses
- Questioning Attitude
- STOP When Uncertain
- Summary and Check for Understanding
- Annual Refresher

Human Performance Fundamentals

- Introduction to HOP Principles and Practices
- HOP Fundamental Principles
- Human Error
- Error Precursors and Traps
- Performance Modes - GEMS Model
- Managing Risk with Defense-in-Depth
- Introduction to System Weaknesses
- Risk Management and Critical Steps
- Risk Important Actions
- Introduction to HOP Core Tools

Human Performance Tools*

- Introduction to HOP Core Tools*
- Self-Checking*
- Independent Verification*
- Concurrent Verification*
- Peer Checking*
- Formal Communication*
- Procedure Use and Adherence*
- Two Minute (Rule) Drill*
- Introduction to Pre-Work Discussions*
- Stop When Unsure and Questioning Attitude*
- Correct Component Verification*
- Pework Discussion*
- HOP Core Tools Final Exam/Refresher*

Peer to Peer Coaching*

- Introduction to Peer Coaching*
- The Peer Coaching Process*
- Stop Work Authority/ Responsibility*
- Peer Coaching Summary*
- A Leader's Role for Peer Coaching*

Precision Execution

- Closing the Risk Perception Gap
- Defense in Depth "The CBS Strategy"
- Critical Steps & Risk Management
- Risk Important Actions
- Precision Execution Module
- Summary and Check for Understanding
- Annual Refresher

***Supervisor Version Available**



Human and Organizational Performance

EQ 101 - Emotional Intelligence for Thought Leaders

Introduction

What is Emotional Intelligence?

Assessment Areas

Emotional Intelligence Predicts Performance