



**CAPABILITY**

# Course Catalog

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# Construction Series

## New Hire Orientation - Construction

- Safety Measures
- Housekeeping
- Fall Protection
- Portable Ladders
- Scaffolding
- Electrical Safety
- Defensive Driving
- Hazard Communication
- Personal Protective Equipment
- Bloodborne Pathogens
- Lockout/Target
- Hand and Power Tools
- Compressed Gas Cylinders
- Material Handling
- Rigging and Cranes
- Fire Prevention
- Confined Space
- Injury Reporting
- Substance Abuse
- Security Measures
- OSHA Worker Rights

## Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

## Aerial Work Platforms

- Types of Aerial Work Platforms
- Aerial Work Platform Inspection
- Aerial Work Platform Operation
- Incident Prevention

## Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

## Ammonia Awareness

- What is Ammonia?
- Ammonia Regulations
- Ammonia Storage and Handling
- Ammonia Incident Management
- Ammonia PPE
- Health Effects and First Aid

## Asbestos Awareness for Employees

- What is Asbestos?
- Asbestos Hazards
- Exposure Prevention and Protection

## Asbestos Awareness for Supervisors

- What is Asbestos?
- Asbestos Hazards
- Asbestos Training
- Exposure Prevention and Protection

## Back Safety

- Common Back Injuries
- Preventative Measures
- Injury Response

## Benzene Awareness

- What is Benzene?
- Benzene Exposure
- Personal Protective Equipment

## Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention & Sharps Disposal

## Box Cutter Safety

- Box Cutters and their Uses
- Safety Measures
- Preventing Injury

## Cadmium Awareness

- What is Cadmium?
- Cadmium Exposure
- Personal Protective Equipment

## Carpal Tunnel Syndrome

- Understanding Carpal Tunnel Syndrome
- Prevention Strategies and Ergonomics
- Intervention and Treatment



# Construction Series

## Compressed Gas Cylinders

- Handling, Usage, and Storage
- Labeling and Identification
- Inspection and Maintenance
- Transportation
- Safety Plan

## Confined Space

- Confined Space Standards
- Permit Required
- Hazards and Solutions

## Crane Safety

- Types of Cranes
- OSHA Requirements
- Crane Inspections
- Material Handling

## Crane Safety - Crane Mechanics

- Part of a Crane
- Crane Attachments
- Crane Hazard Prevention

## Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

## Defensive Driving - Distracted Driving

- Types of Distractions
- Potential Distractions
- Driver Focus

## Defensive Driving - Speed Kills

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs

## Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Weather
- Winter Driving

## Dump Truck

- Pre-Work Inspection
- Driving Safely
- Site and Operational Safety

## Electrical Safety in Construction

- Electrical Fundamentals
- Construction Hazards
- Safe Work Practices
- Arc Flash Awareness

## Emergency Action Plan

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review

## Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

## Ethylene Oxide Awareness

- What is Ethylene Oxide?
- Ethylene Oxide Exposure
- Personal Protective Equipment

## Excavator Safety

- Excavator Components
- Operator Responsibility
- Workplace Awareness
- Incident Prevention

## Excavation and Trenching

- Understanding Excavation and Trenching
- Site Preplanning
- Protective Systems
- Additional Hazards and Protections



# Construction Series

## Fall Protection

- Accident Prevention
- Workplace Hazards
- Common Equipment

## Fire Extinguisher

- Types of Extinguishers
- Using a Fire Extinguisher
- Inspection and Maintenance

## Forklift Operator Safety

- Types of Forklifts
- Forklift Operation
- Attachments and Platforms
- Counterbalance and Stability
- Forklift Inspection
- Forklift Maintenance
- Workplace Hazards
- Forklift Certification

## Forklift Operator - Straddle Stackers

- Forklift Inspection
- Operation and Stability
- Incident Prevention

## Forklift Operator Orientation for Supervisors

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident

## Formaldehyde

- Application and Use
- Risks and Exposures
- Incident Prevention

## Front End Loader

- Inspection and Maintenance
- Operation and Awareness
- Common Hazards
- Incident Prevention

## Hand and Power Tools

- Types of Tools
- Tool Maintenance
- Guards and Switches
- Power Safety

## Hand and Power Tools - Circular Saws

- Chop Saw
- Miter Saw
- Radial Saw
- Prevention and Response

## Hand and Power Tools - Hand Held Saws

- Circular Saws
- Jig Saws
- Incident Prevention

## Hand and Power Tools - Table Saws

- Table Saw Mechanics
- Point of Operation
- Kickback and Particles
- Incident Prevention

## Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures

## Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace

## Hazard Communications for Employees

- Globally Harmonized System (GHS)
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation



# Construction Series

## Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training

## Hazard Communications - Solvents

- Solvent Hazards
- Solvent Exposure
- Accident Prevention

## Heat Awareness

- How Heat is a Hazard
- Heat Exposure and Response
- Heat Prevention

## Hexavalent Chromium

- What is Hexavalent Chromium?
- Hexavalent Chromium Exposure
- Personal Protective Equipment

## Housekeeping

- Housekeeping Practices
- Housekeeping Programs
- Areas of Concern

## Hydrogen Sulfide

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

## Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

## Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

## Lockout Tagout and Hazardous Energy Sources

- What is Lockout/Tagout?
- What is Hazardous Energy?
- Lockout/Tagout Operation

## Lockout Tagout for Affected Employees

- Affected Employees
- Authorized Employees
- What is Hazardous Energy?
- What is Lockout/Tagout?

## Machine Guarding

- Machine Hazards
- Types of Guards
- Personal Protective Equipment

## Machine Guarding - Amputation Protection

- Hazardous Components
- Hazardous Motions
- Amputation Prevention

## OSHA Recordkeeping & Reporting

- Training Records
- OSHA 300 Forms
- The Final Rule

## OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301



# Construction Series

## OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

## Personal Protective Equipment

- Types of PPE
- Workplace Hazards
- Accident Prevention

## Personal Protective Equipment - Eye and Face Protection

- Types and Hazards
- Training and Fit
- Incident Prevention

## Personal Protective Equipment - Hearing Protection

- Ears and Sound
- Exposure and Controls
- Hearing Conversation

## Personal Protective Equipment - Respirator Protection

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation

## Preventing Slips, Trips, and Falls in Construction

- Workplace Hazards
- Preventative Measures
- Responding to Incidents

## Radiation Safety for Employees

- What is Radiation?
- Radiation Exposure Risks
- Proper Storage and Handling
- Radiation Protection
- Radiation Monitoring and Detection
- Emergency Procedures and Incident Reporting

## Radiation Safety for Supervisors

- What is Radiation?
- Radiation Exposure Risks
- Proper Storage and Handling
- Radiation Protection
- Radiation Monitoring and Detection
- Emergency Procedures and Incident Reporting
- Radiation Safety Program Management
- Regulatory Requirements and Compliance

## Rigging and Lifting

- Types of Equipment
- Rigging and Lifting
- Accident Prevention

## Scaffolding

- Scaffolds and their Uses
- Scaffolding Hazards
- Scaffolding Operation
- Safe Work Practices

## Scissor Lift Aerial Platform

- Scissor Lift Components
- Scissor Lift Inspection
- Operational Guidelines
- Hazards and Incident Prevention

## Silica Awareness

- What is Silica?
- Silica Exposure
- Silica Prevention

## Sitting and Lifting - Orientation

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

## Skid Steer Loaders

- What are Skid Steers?
- Safety Features
- Entry and Exit
- Accident Prevention



**SAFETY  
INSTRUCT**  
SAFETY - EDUCATION - TRAINING



# Construction Series

## **Stop Work Authority**

- Strategies to Support Implementation
- Challenges Implementing Stop Work Authority
- Challenges to Implementing Stop Work Authority and Strategies
- Why People May Not Use their Stop Work Authority
- A Best Practice: Stop Work Responsibility

## **Unsafe Acts**

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Acts Prevention

## **Walking and Working Surfaces**

- Identifying Hazards
- Preventative Measures
- Emergency Procedures





# General Industry Series

## **New Hire Orientation - General Industry**

- Safety Measures
- Housekeeping
- Hazard Communication
- Emergency Action Plan
- Fire Safety
- Exit Routes
- Walking and Working Surfaces
- Machine Guarding
- Defensive Driving
- Material Handling
- Emergency Response
- Lockout/Target
- Electrical Safety
- Equipment Operation
- Personal Protective Equipment
- Bloodborne Pathogens
- Injury Reporting
- Substance Abuse
- Security Measures
- OSHA Worker Rights

## **Active Shooter Awareness**

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

## **Alcohol and Substance Abuse**

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

## **Back Safety**

- Common Back Injuries
- Preventative Measures
- Injury Response

## **Benzene Awareness**

- What is Benzene?
- Benzene Exposure
- Personal Protective Equipment

## **Bloodborne Pathogens**

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention and Sharps Disposal

## **Box Cutter Safety**

- Box Cutters and Their Uses
- Safety Measures
- Preventing Injury

## **Cadmium Awareness**

- What is Cadmium?
- Cadmium Exposure
- Personal Protective Equipment

## **Carpal Tunnel Syndrome**

- Understanding Carpal Tunnel Syndrome
- Prevention Strategies and Ergonomics
- Intervention and Treatment

## **Compressed Gas Cylinders**

- Handling, Usage, and Storage
- Labeling and Identification
- Inspection and Maintenance
- Transportation
- Safety Plan

## **Defensive Driving**

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

## **Defensive Driving - Distracted Driving**

- Types of Distractions
- Potential Distractions
- Driver Focus

## **Defensive Driving - Hazardous Weather**

- How Friction Works
- Types of Weather
- Winter Driving

## **Defensive Driving - Speed Kills**

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs



# General Industry Series

## Electrical Safety

- Electrical Fundamentals
- Safe Work Practices
- Emergency Response

## Emergency Action Plan

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review

## Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

## Ethylene Oxide Awareness

- What is Ethylene Oxide?
- Ethylene Oxide Exposure
- personal Protective Equipment

## Fall Protection

- Accident Prevention
- Workplace Hazards
- Common Equipment

## Fire Extinguisher

- Types of Extinguishers
- Using a Fire Extinguisher
- Inspection and Maintenance

## Formaldehyde

- Application and Use
- Risks and Exposures
- Incident Prevention

## Hand and Power Tools

- Types of Tools
- Tool Maintenance
- Guards and Switches
- Power Safety

## Hand and Power Tools - Circular Saws

- Chop Saw
- Miter Saw
- Radial Saw
- Prevention and Response

## Hand and Power Tools - Hand Held Saws

- Circular Saws
- Jig Saws
- Incident Prevention

## Hand and Power Tools - Table Saws

- Table Saw Mechanics
- Point of Operation
- Kickback and Particles
- Incident Prevention

## Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures

## Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace

## Hazard Communications for Employees

- Globally Harmonized System (GHS)
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

## Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training



# General Industry Series

## Hazard Communications - Solvent Safety

- Solvent Hazards
- Solvent Exposure
- Accident Prevention

## Heat Awareness

- How Heat is a Hazard
- Heat Exposure and Response
- Heat Prevention

## Hexavalent Chromium

- What is Hexavalent Chromium?
- Hexavalent Chromium Exposure
- Personal Protective Equipment

## Housekeeping

- Housekeeping Practices
- Housekeeping Programs
- Areas of Concern

## Hydrogen Sulfide (H<sub>2</sub>S)

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

## Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

## Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

## Lockout/Tagout and Hazardous Energy Sources

- What is Lockout/Tagout?
- What is Hazardous Energy?
- Lockout/Tagout Operation

## Lockout Tagout for Affected Employees

- Affected Employees
- Authorized Employees
- What is Hazardous Energy?
- What is Lockout Tagout?

## OSHA Recordkeeping & Reporting

- Training Records
- The OSHA 300 Forms
- The Final Rule

## OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

## OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

## Personal Protective Equipment

- Types of PPE
- Workplace Hazards
- Accident Prevention

## Personal Protective Equipment - Eye and Face Protection

- Types and Hazards
- Training and Fit
- Incident Prevention

## Personal Protective Equipment - Hearing Protection

- Ears and Sound
- Exposure and Controls
- Hearing Conservation



# General Industry Series

## **Personal Protective Equipment - Respirator Protection**

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation

## **Preventing Slips, Trips, and Falls**

- Housekeeping Practices
- Wet and Slippery Surfaces
- Obstacles and Hazards
- Preventative Measures and Controls
- Hazard Reporting and Incident Response

## **Safety Committee**

- How to Develop a Safety Committee
- Responsibilities of a Safety Committee
- Hazard Detection and Identification
- Incident Investigation and Reporting

## **Sitting and Lifting - Orientation**

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

## **Stop Work Authority**

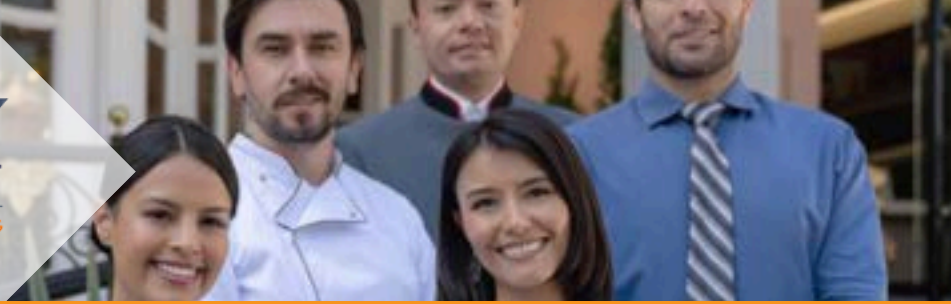
- Strategies to Support Implementation
- Challenges Implementing Stop Work Authority
- Challenges Implementing Stop Work Authority and Strategies
- Why People May Not Use Their Stop Work Authority
- A Best Practice: Stop Work Responsibility

## **Unsafe Acts**

- What is an Unsafe Act
- Types of Incidents
- Unsafe Act Prevention

## **Walking and Working Surfaces**

- Identifying Hazards
- Preventive Measures
- Emergency Procedures



# Hospitality Series

## Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

## Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

## Back Safety

- Common Back Injuries
- Preventative Measures
- Injury Response

## Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention and Sharps Disposal

## Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

## Defensive Driving - Distracted Driving

- Types of Distractions
- Potential Distractions
- Driver Focus

## Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Weather
- Winter Driving

## Defensive Driving - Speed Kills

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs

## Electrical Safety

- Electrical Fundamentals
- Safe Work Practices
- Emergency Response

## Emergency Action Plan

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review

## Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

## Fire Extinguisher

- Types of Extinguishers
- Using a Fire Extinguisher
- Inspection and Maintenance

## Heat Awareness

- How Heat is a Hazard
- Heat Exposure and Response
- Heat Prevention

## Housekeeping

- Housekeeping Practices
- Housekeeping Programs
- Areas of Concern

## Kitchen Safety

- Workplace Introduction
- Knife Safety
- Slips, Trips, and Falls
- Burn Safety
- Workplace Violence

## Kitchen Safety - Burns

- Where Burns Happen
- First Aid for Burns
- Avoiding Burns



# Hospitality Series

## **Kitchen Safety - Food Safety**

- Food Sanitation
- Bloodborne Pathogens
- Foodborne Diseases

## **Kitchen Safety - Knife Safety**

- Types of Knives
- Safety Skills
- Injury Prevention

## **Kitchen Safety - Slips, Trips, and Falls**

- Kitchen Operations
- How Incidents Occur
- Other Potential Hazards

## **Ladder Safety**

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

## **Latex Standard**

- Latex Prevention
- Latex Protection
- Latex Use

## **OSHA Recordkeeping & Reporting**

- Training Records
- The OSHA 300 Forms
- The Final Rule

## **OSHA Recordkeeping & Reporting - 300 Forms**

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

## **OSHA Worker Rights**

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

## **Personal Protective Equipment**

- Types of PPE
- Workplace Hazards
- Accident Prevention

## **Personal Protective Equipment - Eye and Face Protection**

- Types and Hazards
- Training and Fit
- Incident Prevention

## **Personal Protective Equipment - Hearing Protection**

- Ears and Sound
- Exposure and Controls
- Hearing Conversation

## **Personal Protective Equipment - Respirator Protection**

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation

## **Sitting and Lifting - Orientation**

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

## **Unsafe Acts**

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Act Prevention



# Laboratory Series

## Laboratory Safety Orientation For Employees

- General Laboratory Safety
- Personal Protective Equipment
- Chemical Hazards
- Biological Hazards
- Physical Hazards
- Safety Hazards

## Laboratory Safety Orientation for Supervisors

- Hierarchy of Controls
- Chemical Hazards
- Biological Hazards
- Physical Hazards
- Safety Hazards

## Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

## Ammonia Awareness

- What is Ammonia?
- Ammonia Regulations
- Ammonia Storage and Handling
- Ammonia Incident Management
- Ammonia PPE
- Health Effects and First Aid

## Autoclaves and Sterilizers - Laboratory Series

- Autoclave Operation
- Risks & Exposures
- Incident Prevention

## Benzene Awareness

- What is Benzene?
- Benzene Exposure
- Personal Protective Equipment

## Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention & Sharps Disposal

## Cadmium Awareness

- What is Cadmium?
- Cadmium Exposure
- Personal Protective Equipment

## Chemical Fume Hoods

- Fume Hood Operation
- Risks and Exposure
- Incident Prevention

## Compressed Gas Cylinders For Laboratories

- What is Compressed Gas?
- Handling, Usage, and Storage
- Labeling and Identification
- Inspection and Maintenance
- Transportation
- Safety Plan

## Dibromochloropropane Awareness

- What is Dibromochloropropane?
- Dibromochloropropane Exposure
- Personal Protective Equipment

## Ergonomics for Laboratories

- What are Ergonomics?
- Laboratory Ergonomics
- Ergonomic Safety Measures

## Ethylene Oxide Awareness

- What is Ethylene Oxide?
- Ethylene Oxide Exposure
- Personal Protective Equipment

## Fire Extinguisher

- Types of Extinguishers
- Using a Fire Extinguisher
- Inspection and Maintenance



# Laboratory Series

## Formaldehyde

- Application and Use
- Risks and Exposures
- Incident Prevention

## Glassware Safety In Laboratories

- Glassware Selection and Inspection
- Proper Glassware Usage
- Cleaning and Storage

## Hazard Communications for Laboratories

- What is Hazard Communications?
- The Globally Harmonized System
- Safety Data Sheets (SDS)
- The Chemical Hygiene Plan
- Labeling and Other Forms of Warning
- Chemical Storage and Transfer

## Hexavalent Chromium Awareness

- What is Hexavalent Chromium?
- Hexavalent Chromium Exposure
- Personal Protective Equipment

## Hydrogen Sulfide

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

## Latex Standard

- Latex Prevention
- Latex Protection
- Latex Use

## Personal Protective Equipment - Laboratory Series

- Eye and Face Protection
- PPE Assessment
- Respiratory Protection

## Radiation Safety for Employees

- What is Radiation?
- Radiation Exposure Risks
- Proper Storage and Handling
- Radiation Protection
- Radiation Monitoring and Detection
- Emergency Procedures and Incident Reporting

## Radiation Safety for Supervisors

- What is Radiation?
- Radiation Exposure Risks
- Proper Storage and Handling
- Radiation Protection
- Radiation Monitoring and Detection
- Emergency Procedures and Incident Reporting
- Radiation Safety Program Management
- Regulatory Requirements and Compliance

## Safety Showers & Eye Washes - Laboratory Series

- Eye Wash Stations
- Incident Prevention
- Safety Showers





# Manufacturing Series

## Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

## Aerial Work Platforms

- Types of Aerial Work Platforms
- Aerial Work Platform Inspection
- Aerial Work Platform Operation
- Incident Prevention

## Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

## Ammonia Awareness

- What is Ammonia?
- Ammonia Regulations
- Ammonia Storage and Handling
- Ammonia Incident Management
- Ammonia PPE
- Health Effects and First Aid

## Asbestos Awareness For Employees

- What is Asbestos?
- Asbestos Hazards
- Exposure Prevention and Protection

## Asbestos Awareness For Supervisors

- What is Asbestos?
- Asbestos Hazards
- Asbestos Training
- Exposure Prevention and Protection

## Back Safety

- Common Back Injuries
- Preventative Measures
- Injury Response

## Benzene Awareness

- What is Benzene?
- Benzene Exposure
- Personal Protective Equipment

## Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention & Sharps Disposal

## Box Cutter Safety

- Box Cutters and their Uses
- Safety Measures
- Preventing Injury

## Cadmium Awareness

- What is Cadmium?
- Cadmium Exposure
- Personal Protective Equipment

## Carpal Tunnel Syndrome

- Understanding Carpal Tunnel Syndrome
- Prevention Strategies and Ergonomics
- Intervention and Treatment

## Compressed Gas Cylinders

- Handling, Usage, and Storage
- Labeling & Identification
- Inspection & Maintenance
- Transportation
- Safety Plan

## Confined Space

- Confined Space Standards
- Permit Required
- Hazards and Solutions

## Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns



# Manufacturing Series

## **Defensive Driving - Distracted Driving**

- Types of Distractions
- Potential Distractions
- Driver Focus

## **Defensive Driving - Hazardous Weather**

- How Friction Works
- Types of Weather
- Winter Driving

## **Defensive Driving - Speed Kills**

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs

## **Dibromochloropropane (DBCP) Awareness**

- What is Dibromochloropropane?
- Dibromochloropropane Exposure
- Personal Protective Equipment

## **Electrical Safety**

- Electrical Fundamentals
- Safe Work Practices
- Emergency Response

## **Emergency Action Plan**

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review

## **Ergonomics**

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

## **Ethylene Oxide Awareness**

- What is Ethylene Oxide?
- Ethylene Oxide Exposure
- Personal Protective Equipment

## **Fall Protection**

- Accident Prevention
- Workplace Hazards
- Common Equipment

## **Fire Extinguisher**

- Types of Extinguishers
- Using a Fire Extinguisher
- Inspection and Maintenance

## **Forklift Operator Safety**

- Types of Forklifts
- Forklift Operation
- Attachments and Platforms
- Counterbalance and Stability
- Forklift Inspection
- Forklift Maintenance
- Workplace Hazards
- Forklift Certification

## **Forklift Operator - Straddle Stackers**

- Forklift Inspection
- Operation and Stability
- Incident Prevention

## **Forklift Operator Orientation For Supervisors**

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident

## **Formaldehyde**

- Application and Use
- Risks and Exposures
- Incident Prevention

## **Front End Loader**

- Inspection and Maintenance
- Operation and Awareness
- Common Hazards
- Incident Prevention



# Manufacturing Series

## Hand and Power Tools

- Types of Tools
- Tool Maintenance
- Guards and Switches
- Power Safety

## Hand and Power Tools - Circular

### Saws

- Chop Saw
- Miter Saw
- Radial Saw
- Prevention and Response

## Hand and Power Tools - Hand Held

### Saws

- Circular Saws
- Jig Saws
- Incident Prevention

## Hand and Power Tools - Table Saws

- Table Saw Mechanics
- Point of Operation
- Kickback and Particles
- Incident Prevention

## Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures

## Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace

## Hazard Communications for Employees

- Globally Harmonized System GHS
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

## Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training

## Hazard Communications - Solvent Safety

- Solvent Hazards
- Solvent Exposure
- Accident Prevention

## Heat Awareness

- How Heat is a Hazard
- Heat Exposure and Response
- Heat Prevention

## Hexavalent Chromium

- What is Hexavalent Chromium?
- Hexavalent Chromium Exposure
- Personal Protective Equipment

## Housekeeping

- Housekeeping Practices
- Housekeeping Programs
- Areas of Concern

## Hydrogen Sulfide

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

## Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process



# Manufacturing Series

## Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

## Lockout Tagout and Hazardous Energy Source

- What is Lockout/Tagout?
- What is Hazardous Energy?
- Lockout/Tagout Operation

## Lockout Tagout For Affected Employees

- Affected Employees
- Authorized Employees
- What is Hazardous Energy?
- What is Lockout/Tagout?

## Machine Guarding

- Machine Hazards
- Types of Guards
- Personal Protective Equipment

## Machine Guarding - Amputation Protection

- Hazardous Components
- Hazardous Motions
- Amputation Prevention

## OSHA Recordkeeping & Reporting

- Training Records
- The OSHA 300 Forms
- The Final Rule

## OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

## OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

## Personal Protective Equipment

- Types of PPE
- Workplace Hazards
- Accident Prevention

## Personal Protective Equipment - Eye and Face Protection

- Types and Hazards
- Training and Fit
- Incident Prevention

## Personal Protective Equipment - Hearing Protection

- Ears and Sound
- Exposure and Controls
- Hearing Conversation

## Personal Protective Equipment - Respirator Protection

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation

## Preventing Slips, Trips, and Falls

- Housekeeping Practices
- Wet and Slippery Surfaces
- Obstacles and Hazards
- Preventative Measures and Controls
- Hazard Reporting and Incident Response



# Manufacturing Series

## Radiation Safety for Employees

- What is Radiation?
- Radiation Exposure Risks
- Proper Storage and Handling
- Radiation Protection
- Radiation Monitoring and Detection
- Emergency Procedures and Incident Reporting

## Radiation Safety for Supervisors

- What is Radiation?
- Radiation Exposure Risks
- Proper Storage and Handling
- Radiation Protection
- Radiation Monitoring and Detection
- Emergency Procedures and Incident Reporting
- Radiation Safety Program Management
- Regulatory Requirements and Compliance

## Rigging and Lifting

- Types of Equipment
- Rigging and Lifting
- Accident Prevention

## Scaffolding

- Scaffolds and their Uses
- Scaffold Hazards
- Scaffolding Operation
- Safe Work Practices

## Scissor Lift Aerial Platform

- Scissor Lift Components
- Scissor Lift Inspection
- Operational Guidelines
- Hazards and Incident Prevention

## Silica Awareness

- What is Silica?
- Silica Exposure
- Silica Prevention

## Sitting and Lifting - Orientation

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

## Stop Work Authority

- Strategies to Support Implementation
- Challenges Implementing Stop Work Authority
- Challenges Implementing Stop Work Authority and Strat
- Why People May Not Use Their Stop Work Authority
- A Best Practice: Stop Work Responsibility

## Unsafe Acts

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Act Prevention

## Walking and Working Surfaces

- Identifying Hazards
- Preventative Measures
- Emergency Procedures



# Office Series

## Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

## Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

## Back Safety

- Common Back Injuries
- Preventative Measures
- Injury Response

## Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Exposure Prevention
- Exposure Response
- Needlestick Prevention & Sharps Disposal

## Box Cutter Safety

- Box Cutters and their Uses
- Safety Measures
- Preventing Injury

## Carpal Tunnel Syndrome

- Understanding Carpal Tunnel Syndrome
- Prevention Strategies and Ergonomics
- Intervention and Treatment

## Cybersecurity for Employees

- E-mail and Browsing Practices
- Data Protection
- Mobile Devices
- Incident Reporting

## Cybersecurity for Supervisors - Data Security and Privacy Policies

- Asset Identification
- Developing a Privacy Policy
- Protecting Your Data
- Incident Mitigation

## Cybersecurity for Supervisors - Employees Practices and Policies

- Employees Policies
- Fraud Protection
- E-mail Security
- Mobile Devices

## Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

## Defensive Driving - Distracted Driving

- Types of Distractions
- Potential Distractions
- Driver Focus

## Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Weather
- Winter Driving

## Defensive Driving - Speed Kills

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs

## Electrical Safety

- Electrical Fundamentals
- Safe Work Practices
- Emergency Response

## Emergency Action Plan

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review



# Office Series

## Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

## Fire Extinguisher

- Types of Extinguishers
- Using a Fire Extinguisher
- Inspection and Maintenance

## Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures

## Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace

## Hazard Communications for Employees

- Globally Harmonized System GHS
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

## Hazard Communications - Solvent Safety

- Solvent Hazards
- Solvent Exposure
- Accident Prevention

## Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training

## Housekeeping

- Housekeeping Practices
- Housekeeping Programs
- Areas of Concern

## Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

## Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

## Latex Standard

- Latex Prevention
- Latex Protection
- Latex Use

## Office Safety

- Potential Hazards
- Workplace Violence
- Safety Precautions

## Office Safety - Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Controls

## Office Safety - Electrical Safety

- Types of Electricity
- How Electricity Works
- Electricity Hazards
- Working Safely

## Office Safety - Workplace Violence

- What is Workplace Violence?
- Consequences of Workplace Violence
- Prevention and Response



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# Office Series

## **OSHA Recordkeeping & Reporting**

- Training Records
- The OSHA 300 Forms
- The Final Rule

## **OSHA Recordkeeping & Reporting - 300 Forms**

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

## **OSHA Worker Rights**

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

## **Sitting and Lifting - Orientation**

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

## **Unsafe Acts**

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Act Prevention





# Warehouse Series

## Active Shooter Awareness

- Warning Signs and Situational Awareness
- Effective Communication
- Incident Response

## Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

## Back Safety

- Common Back Injuries
- Preventative Measures
- Injury Response

## Bloodborne Pathogens

- What are Bloodborne Pathogens?
- Needlestick Prevention
- Prevention and Cleanup

## Box Cutter Safety

- Box Cutters and their Uses
- Safety Measures
- Preventing Injury

## Carpal Tunnel Syndrome

- Understanding Carpal Tunnel Syndrome
- Prevention Strategies and Ergonomics
- Intervention and Treatment

## Compressed Gas Cylinders

- Handling, Usage, and Storage
- Labeling & Identification
- Inspection & Maintenance
- Transportation
- Safety Plan

## Confined Space

- Confined Space Standards
- Permit Required
- Hazards and Solutions

## Crane Safety

- Types of Cranes
- OSHA Requirements
- Crane Inspections
- Material Handling

## Crane Safety - Crane Mechanics

- Parts of a Crane
- Crane Attachments
- Crane Hazard Prevention

## Defensive Driving

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

## Defensive Driving - Distracted Driving

- Types of Distractions
- Potential Distractions
- Driver Focus

## Defensive Driving - Hazardous Weather

- How Friction Works
- Types of Weather
- Winter Driving

## Defensive Driving - Speed Kills

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs

## Electrical Safety

- Electrical Fundamentals
- Safe Work Practices
- Emergency Response

## Emergency Action Plan

- EAP Development
- Evacuation Elements
- EAP Response
- EAP Reporting and Review

## Ergonomics

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control



# Warehouse Series

## Fall Protection

- Accident Prevention
- Workplace Hazards
- Common Equipment

## Fire Extinguisher

- Types of Extinguishers
- Using a Fire Extinguisher
- Inspection and Maintenance

## Forklift Operator

- Types of Forklifts
- Forklift Operation
- Attachments and Platforms
- Counterbalance and Stability
- Forklift Inspection
- Forklift Maintenance
- Workplace Hazards
- Forklift Certification

## Forklift Operator - Straddle Stackers

- Forklift Inspection
- Operation and Stability
- Incident Prevention

## Forklift Operator For Supervisors

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident

## Front End Loader

- Inspection and Maintenance
- Operation and Awareness
- Common Hazards
- Incident Prevention

## Hand and Power Tools

- Types of Tools
- Tool Maintenance
- Guards and Switches
- Power Safety

## Hand and Power Tools - Circular Saws

- Chop Saws
- Miter Saws
- Radial Saws
- Prevention and Response

## Hand and Power Tools - Hand Held Saws

- Circular Saws
- Jig Saws
- Incident Prevention

## Hand and Power Tools - Table Saws

- Table Saw Mechanics
- Point of Operation
- Kickback and Particles
- Incident Prevention

## Hand and Wrist Injuries

- How the Hand Works
- Common Hand and Wrist Injuries
- Identifying Hazards
- Preventative Measures

## Handrail Safety

- Purpose of Handrails
- Handrail Safety
- Stairway Safety
- Falls in the Workplace

## Hazard Communications for Employees

- Globally Harmonized System GHS
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

## Hazard Communications - Solvent Safety

- Solvent Hazards
- Solvent Exposure
- Accident Prevention



# Warehouse Series

## Hazard Communications For Supervisors

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training

## Heat Awareness

- How Heat is a Hazard
- Heat Exposure and Response
- Heat Prevention

## Housekeeping

- Housekeeping Practices
- Housekeeping Programs
- Areas of Concern

## Hydrogen Sulfide (H2S)

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

## Incident and Event Investigation

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

## Ladder Safety

- Types of Ladders
- Ladder Placement
- Ladder and Loads
- Accident Prevention

## Lockout/Tagout and Hazardous Energy Sources

- What is Lockout/Tagout?
- What is Hazardous Energy?
- Lockout/Tagout Operation

## Lockout/Tagout For Affected Employees

- Affected Employees
- Authorized Employees
- What is Hazardous Energy?
- What is Lockout/Tagout?

## Machine Guarding

- Machine Hazards
- Types of Guards
- Personal Protective Equipment

## Machine Guarding - Amputation Protection

- Hazardous Components
- Hazardous Motions
- Amputation Prevention

## OSHA Recordkeeping & Reporting

- Training Records
- The OSHA 300 Forms
- The Final Rule

## OSHA Recordkeeping & Reporting - 300 Forms

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

## OSHA Worker Rights

- Rights under OSHA
- Filing Complaints
- WhistleBlower Protection

## Personal Protective Equipment

- Types of PPE
- Workplace Hazards
- Accident Prevention

## Personal Protective Equipment - Eye and Face Protection

- Types and Hazards
- Training and Fit
- Incident Prevention



# Warehouse Series

## **Personal Protective Equipment - Hearing Protection**

- Ears and Sound
- Exposure and Controls
- Hearing Conversation

## **Personal Protective Equipment - Respirator Protection**

- Respirator Definitions
- Respirator Program
- Respirator Selection
- Respirator Fit Testing
- Program Evaluation

## **Preventing Slips, Trips, and Falls**

- Housekeeping Practices
- Wet and Slippery Surfaces
- Obstacles and Hazards
- Preventative Measures and Controls
- Hazard Reporting and Incident Response

## **Rigging and Lifting**

- Types of Equipment
- Rigging and Lifting
- Accident Prevention

## **Scaffolding**

- Scaffolds and Their Uses
- Scaffold Hazards
- Scaffolding Operation
- Safe Work Practices

## **Silica Awareness**

- What is Silica?
- Silica Exposure
- Silica Prevention

## **Sitting and Lifting - Orientation**

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

## **Skid Steer Loaders**

- What are Skid Steers?
- Safety Features
- Entry and Exit
- Accident Prevention

## **Stop Work Authority**

- Strategies to Support Implementation
- Challenges Implementing Stop Work Authority
- Challenges Implementing Stop Work Authority and Strategies
- Why People May Not Use Their Stop Work Authority
- A Best Practice: Stop Work Responsibility

## **Unsafe Acts**

- What is an Unsafe Act?
- Types of Incidents
- Unsafe Act Prevention

## **Walking and Working Surfaces**

- Identifying Hazards
- Preventative Measures
- Emergency Procedures



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# Back Safety and Ergonomics Series

## **Back Safety**

- Common Back Injuries
- Preventative Measures
- Injury Response

## **Ergonomics**

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Control

## **Office Safety - Ergonomics**

- Musculoskeletal Disorders
- Workplace Conditions
- Hazard Controls

## **Sitting and Lifting - Orientation**

- How Sitting Hurts
- Lifting in Pain
- Posture and Health
- Proper Lifting Techniques

# Chemical Series

## Ammonia Awareness

- What is Ammonia?
- Ammonia Regulations
- Ammonia Storage and Handling
- Ammonia Incident Management
- Ammonia PPE
- Health Effects and First Aid

## Benzene Awareness

- What is Benzene?
- Benzene Exposure
- Personal Protective Equipment

## Cadmium Awareness

- What is Cadmium?
- Cadmium Exposure
- Personal Protective Equipment

## Dibromochloropropane (DBCP) Awareness

- What is Dibromochloropropane?
- Dibromochloropropane Exposure
- Personal Protective Equipment

## Ethylene Oxide Awareness

- What is Ethylene Oxide?
- Ethylene Oxide Exposure
- Personal Protective Equipment

## Formaldehyde

- Application and Use
- Risks and Exposures
- Incident Prevention

## Hexavalent Chromium

- What is Hexavalent Chromium?
- Hexavalent Chromium Exposure
- Personal Protective Equipment

## Hydrogen Sulfide

- Exposure Controls
- What is Hydrogen Sulfide?
- Workplace Assessment
- Emergency Action Plan

## Latex Standard

- Latex Prevention
- Latex Protection
- Latex Use

## Silica Awareness

- What is Silica?
- Silica Exposure
- Silica Prevention



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# Cybersecurity Series

## **Cybersecurity for Employees**

- E-mail and Browsing Practices
- Data Protection
- Mobile Devices
- Incident Reporting

## **Cybersecurity for Supervisors - Data Security and Privacy Policies**

- Asset Identification
- Developing a Privacy Policy
- Protecting Your Data
- Incident Mitigation

## **Cybersecurity for Supervisors - Employee Practices and Policies**

- Employee Policies
- Fraud Protection
- E-mail Security
- Mobile Devices



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# Defensive Driving Series

## **Defensive Driving**

- Vehicle Inspection
- Defensive Driving Basics
- Distracted and Impaired Driving
- Road Rage
- Nighttime Driving
- Hazardous Weather
- Accidents and Breakdowns

## **Defensive Driving - Distracted Driving**

- Types of Distractions
- Potential Distractions
- Driver Focus

## **Defensive Driving - Hazardous Weather**

- How Friction Works
- Types of Hazardous Weather
- Winter Driving

## **Defensive Driving - Speed Kills**

- How Speeding Kills
- The Stopping Distance
- Environmental Hazards
- How Speeding Costs





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# Electrical Series

## **Electrical Safety**

- Electrical Fundamentals
- Safe Work Practices
- Emergency Response

## **Office Safety - Electrical Safety**

- Types of Electricity
- How Electricity Works
- Electrical Hazards
- Working Safely

# Hand and Power Tools Series

## Hand and Power Tools

- Types of Tools
- Tool Maintenance
- Guards and Switches
- Power Safety

## Hand and Power Tools - Circular Saws

- Chop Saw
- Miter Saw
- Radial Saw
- Prevention and Response

## Hand and Power Tools - Hand Held Saws

- Circular Saws
- Jig Saws
- Incident Prevention

## Hand and Power Tools - Table Saw

- Table Saw Mechanics
- Point of Operation
- Kickback and Particles
- Incident Prevention



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# Hazard Communications Series

## **Hazard Communications for Employees**

- Globally Harmonized System GHS
- Classification and Labeling Requirements
- Safety Data Sheets
- Workplace Hazards and Risk Mitigation

## **Hazard Communications For Supervisors**

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warningc
- Written Plan
- Employee Training

## **Hazard Communications For Laboratories**

- What is Hazard Communications?
- The Globally Harmonized System
- Safety Data Sheets
- The Chemical Hygiene Plan
- Labeling and Other Forms of Warning
- Chemical Storage and Transfer

## **Hazard Communications - Solvent Safety**

- Solvent Hazards
- Solvent Exposure
- Accident Prevention



# Industrial Equipment Series

## Aerial Work Platforms

- Types of Aerial Work Platforms
- Aerial Work Platform Inspection
- Aerial Work Platform Operation
- Incident Prevention

## Crane Safety

- Types of Cranes
- OSHA Requirements
- Crane Inspections
- Material Handling

## Crane Safety - Crane Mechanics

- Parts of a Crane
- Crane Attachments
- Crane Hazard Prevention

## Dump Truck

- Pre-Work Inspection
- Driving Safely
- Site and Operational Safety

## Excavator Safety

- Excavator Components
- Operator Responsibility
- Workplace Awareness
- Incident Prevention

## Excavation and Trenching

- Understanding Excavation and Trenching
- Site Preplanning
- Protective Systems
- Additional Hazards and Protections

## Forklift Operator Safety

- Types of Forklifts
- Forklift Operation
- Attachments and Platforms
- Counterbalance and Stability
- Forklift Inspection
- Forklift Maintenance
- Workplace Hazards
- Forklift Certification

## Forklift Operator Orientation For Supervisors

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident

## Forklift Operator - Straddle Stackers

- Forklift Inspection
- Operation and Stability
- Incident Prevention

## Front End Loader

- Inspection and Maintenance
- Operation and Awareness
- Common Hazards
- Incident Prevention

## Scissor Lift Aerial Platform

- Scissor Lift Components
- Scissor Lift Inspection
- Operational Guidelines
- Hazards and Incident Prevention

## Skid Steer Loaders

- What are Skid Steers?
- Safety Features
- Entry and Exit
- Accident Prevention



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# Personal Protective Equipment Series

## **Personal Protective Equipment**

Types of PPE  
Workplace Hazards  
Accident Prevention

## **Personal Protective Equipment - Eye and Face Protection**

Types and Hazards  
Training and Fit  
Incident Prevention

## **Personal Protective Equipment - Hearing Protection**

Ears and Sound  
Exposure and Controls  
Hearing Conversation

## **Personal Protective Equipment - Laboratory Series**

Eye and Face Protection  
PPE Assessment  
Respiratory Protection

## **Personal Protective Equipment - Respiratory Protection**

Respirator Definitions  
Respirator Program  
Respirator Selection  
Respirator Fit Testing  
Program Evaluation



# Supervisor Series

## **American Disabilities Act (ADA) for Supervisors**

- Protections and Prohibitions
- Reasonable Accommodations
- Notification Process
- Hiring and Managing Disabled Employees

## **Asbestos Awareness For Supervisors**

- What is Asbestos?
- Asbestos Hazards
- Asbestos Training
- Exposure Prevention and Protection

## **Cybersecurity for Supervisors - Data Security and Privacy Policies**

- Asset Identification
- Developing a Privacy Policy
- Protecting Your Data
- Incident Mitigation

## **Cybersecurity for Supervisors - Employees Practices and Policies**

- Employees Policies
- Fraud Protection
- E-mail Security
- Mobile Devices

## **Diversity, Equity, and Inclusion for Supervisors**

- Prejudice and Microaggressions
- Stereotypes and Implicit Bias
- Addressing Discrimination and Harassment
- Inclusive Leadership
- Equal Opportunity

## **Drug Free Workplace Program for Supervisors**

- Drug Free Workplace Policies
- Substance Abuse and Addiction
- Recognizing Signs and Symptoms
- Documenting and Reporting Substance Abuse
- Streamlining Communication & Upholding Confidentiality
- Reasonable Suspicion Testing
- Confronting Employees in Substance Use Situations
- Employee Assistance Program (EAP)
- Return to Work Employee Procedures

## **Forklift Operator Orientation For Supervisors**

- How to Train
- Driver Evaluation
- Accident Prevention
- Workplace Hazards
- Report an Accident

## **Hazard Communications For Supervisors**

- Hazard Communication Responsibilities
- Hazardous Chemical Inventory
- Safety Data Sheets (SDS)
- What is Hazard Communications?
- Labeling and Other Forms of Warning
- Written Plan
- Employee Training

## **How to Develop a Safety Program - Company Commitment**

- How to Educate Management
- How to Develop Culture
- How to Maintain Awareness

## **How to Develop a Safety Program - Plans and Process**

- Prevention and Control
- Written Plans
- Emergency Action Plan



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# Supervisor Series

## **How to Develop a Safety Program - Workplace Risks and Hazards**

- Workplace Assessment
- Workplace Survey
- Workplace Review

## **Incident and Event Investigation**

- Investigation Basics
- Systems Approach
- Reporting and Communication
- Investigation Process

## **Laboratory Safety Orientation For Supervisors**

- Hierarchy of Controls
- Chemical Hazards
- Biological Hazards
- Physical Hazards
- Safety Hazards

## **OSHA Recordkeeping & Reporting**

- Training Records
- The OSHA 300 Forms
- The Final Rule

## **OSHA Recordkeeping & Reporting - 300 Forms**

- OSHA Form 300
- OSHA Form 300A
- OSHA Form 301

## **Pregnant Workers Fairness Act for Supervisors**

- What is the Pregnant Workers Fairness Act?
- Final Rule for the PWFA
- Employee Rights and Protections
- Employer Responsibility
- Best Practices for PWFA Compliance
- Legal Implications of Non- Compliance with the PWFA

## **Preventing Workplace Violence for Supervisors**

- Legal Considerations and Risk Assessment
- Communication, Conflict Resolution, and Reporting
- Employee Training and Education
- Policies, Procedures, and Emergency Planning

## **Sexual Harassment for Supervisors**

- Types of Sexual Harassment
- Recognizing Sexual Harassment
- Preventing Sexual Harassment
- Employer Responsibilities

## Spanish Series

### **Comunicaciones de Riesgos para Empleados** **(Hazard Communications for Employees)**

Sistema Globalmente Armonizado (Globally Harmonized System)  
Requisitos de Clasificación y Etiquetado (Classification and Labeling Requirements)  
Hojas de Datos de Seguridad (Safety Data Sheets)  
Peligros en el Lugar de Trabajo y Mitigación de Riesgos (Workplace Hazards and Risk Mitigation)

### **Orientación para Operadores de Montacargas** **(Forklift Operator Safety - Orientation)**

Tipos de Montacargas (Types of Forklifts)  
Operaciones de Montacargas (Forklift Operation)  
Accesorios y Plataformas (Attachments and Platforms)  
Contrapeso y Estabilidad (Counterbalance and Stability)  
Inspección de Montacargas (Forklift Inspection)  
Mantenimiento de Montacargas (Forklift Maintenance)  
Peligros en el Lugar de Trabajo (Workplace Hazards)  
Certificación de Montacargas (Forklift Certification)

### **Orientación Sobre Extintores de Incendios** **(Fire Extinguisher - Orientation)**

Uso de un Extintor de Incendios (Using a Fire Extinguisher)  
Tipos de Extintores (Types of Extinguishers)  
Inspección y Mantenimiento (Inspection and Maintenance)

### **Prevención de Resbalones, Tropiezos, y Caídas - Orientación** **(Preventing Slips, Trips, and Falls - Orientation)**

Prácticas de Limpieza y Orden (Forklift Certification)  
Superficies Mojadas y Resbaladizas (Forklift Certification)  
Obstáculos y Peligros (Forklift Certification)  
Medidas Preventivas y Controles (Forklift Certification)  
Reporte de Peligros y Respuesta a Incidentes (Forklift Certification)

### **Seguridad en la Cocina - Prevención de Quemaduras** **(Kitchen Safety - Burn Safety)**

Donde Ocurren las Quemaduras (Where Burns Happen)  
Evitando Quemaduras (First Aid for Burns)  
Primeros Auxilios para Quemaduras (Avoiding Burns)



## Spanish Series

### **Seguridad en la Cocina - Seguridad Alimentaria** **(Kitchen Safety - Food Safety)**

Sanidad Alimentaria (Food Sanitation)  
Patógenos Transmitidos por Sangre (Bloodborne Pathogens)  
Enfermedades Transmitidas por Alimentos (Foodborne Diseases)

### **Seguridad en la Cocina - Uso Seguro de Cuchillos** **(Kitchen Safety - Knife Safety)**

Tipos de Cuchillos (Types of Knives)  
Habilidades de Seguridad (Safety Skills)  
Prevención de Lesiones (Injury Prevention)



# Human Resources

## Alcohol and Substance Abuse

- Alcohol Awareness
- Marijuana Awareness
- Drugs and Testing

## Americans with Disabilities Act (ADA) for Employees

- ADA Fundamentals
- Navigating the ADA
- Reporting Process

## Americans with Disabilities Act (ADA) for Supervisors

- Protections and Prohibitions
- Reasonable Accommodations
- Notification Process
- Hiring and Managing Disabled Employees

## Anti-Bribery and Corruption

- Global Laws and Regulations
- Identifying Public Officials and their roles
- What is “Anything of Value”?
- What are Facilitation Payments?
- Preventing Bribery and Corruption

## Bullying and Harrassment Prevention

- Recognizing Bullying and Harassment
- Legal Framework and Compliance
- Prevention Tactics
- Intervention and Reporting

## Diversity, Equity and Inclusion

- What is DEI?
- What is Implicit Bias?
- Prejudice and Microaggressions
- DEI Learning Tactics

## Diversity, Equity and Inclusion for Supervisors

- Prejudice and Microaggressions
- Stereotypes and Implicit Bias
- Addressing Discrimination and Harassment
- Inclusive Leadership
- Equal Opportunity

## Drug Free Workplace Program for Employees

- Overview of Drug Free Workplace Policy
- Impact of Substance Abuse
- How People Use Alcohol and Drugs
- Understanding Addiction
- Signs and Symptoms of Abuse
- Family and Coworker Impact
- Employee Rights
- Specific Drugs of Abuse
- Employee Training

## Drug Free Workplace Program for Supervisors

- Drug Free Workplace Policies
- Substance Abuse and Addiction
- Recognizing Signs and Symptoms
- Documenting and Reporting Substance Abuse
- Streamlining Communication & Upholding Confidentiality
- Reasonable Suspicion Testing
- Confronting Employees in Substance Use Situations
- Employee Assistance Program (EAP)
- Return to Work Employee Procedures

## Ethical Interviewing Practices for Fair Hiring

- Candidate Categories and Anti-Discrimination Laws
- Inclusivity in Job Advertisements
- Fair Hiring Process
- Continuous Improvement and Best Practices



# Human Resources

## **Family and Medical Leave Act (FMLA)**

- FMLA Compliance
- Employee Rights and Eligibility
- Employer Obligations

## **Health Insurance Portability and Accountability Act (HIPAA)**

- What is HIPAA?
- HIPAA Privacy Rule
- Covered Entities
- HIPAA Security Rule
- Permitted Uses and Disclosures

## **Pregnant Workers Fairness Act for Employees**

- What is the Pregnant Workers Fairness Act?
- Final Rule for the PWFA
- Employee Rights and Protections
- Employer Responsibility

## **Pregnant Workers Fairness Act for Supervisors**

- What is the Pregnant Workers Fairness Act?
- Final Rule for the PWFA
- Employee Rights and Protections
- Employer Responsibility
- Best Practices for PWFA Compliance
- Legal Implications of Non- Compliance with the PWFA

## **Preventing Workplace Violence for Employees**

- Identifying Risk Factors and Warning Signs
- Violence Prevention and Reporting
- Protecting Yourself and Others

## **Preventing Workplace Violence for Supervisors**

- Legal Considerations and Risk Assessment
- Communication, Conflict Resolution, and Reporting
- Employee Training and Education
- Policies, Procedures, and Emergency Planning

## **Sexual Harassment**

- What is Sexual Harassment?
- Types of Sexual Harassment
- Sexual Harassment Evolution
- How to Report Sexual Harassment
- Employer Responsibility

## **Sexual Harassment for Supervisors**

- Types of Sexual Harassment
- Recognizing Sexual Harassment
- Preventing Sexual Harassment
- Employer Responsibilities